



Chinmaya Mission Boston



Is happy to welcome you to a

Jnana Yajna (Lecture series) on **Sundara Kānda** and **Īśāvāsya Upaniṣad**
by
Swami Prakashananda, Head of Chinmaya Mission Trinidad & Tobago



Sundara Kānda – How a common man can become a Super Man

Lord Hanuman represents selfless devotion in Ramayana. The Sundara Kānda section in Ramayana shows how Hanuman identifies with a higher goal and loses his self. Come and learn how a common man can become superman in these lively discourses.

Venue: Chinmaya Mission Boston, 1 Union Street, Andover, MA 01810
Dates : Monday, September 13 – Saturday, September 18
Times: 7:30 PM – 8:30 PM

Īśāvāsya Upaniṣad – Seeing Divinity in Humanity

Īśāvāsya Upaniṣad is considered one of the most prominent and unparalleled Upaniṣad in its beauty and brevity amongst all the known Mantropanishads. The special value of this Upaniṣad lies in teaching the method of discovering the divinity in humanity and in showing how all worldly duties can be discharged as service to the Supreme Being. It stresses the importance of combining 'The Path of Renunciation' and 'The Path of Action' for best results in spiritual Self-Unfoldment.

Venue: Chinmaya Mission Boston, 1 Union Street, Andover, MA 01810
Dates : Tuesday, September 14 – Sunday, September 19
Lecture Time: 7 AM – 8 AM (Tue-Fri), 9 AM – 10 AM (Sat), 9:30 AM - 10:15 AM (Sun)
Meditation: 6:30 AM – 7:00 AM (Tues–Fri), 8:30 AM – 9:00 AM (Sat)

SEWA – Acts of worship

Venue: Westboro Jewish Center, 45 Oak St, Westborough, MA
Dates : Sunday, September 19
Times: 3:45 PM – 5:00 PM

Cost: Free. Chinmaya Mission encourages attendees to follow the Hindu tradition of *Guru Dakshina* – repaying one's teacher (*guru*) after a period of study as a mark of respect and thanks. The donation is entirely voluntary, and is given at the end of the last lecture when receiving the guru's personal blessings.

Chinmaya Mission Boston, 1 Union Street, Andover, MA 01810 www.chinmaya-boston.org